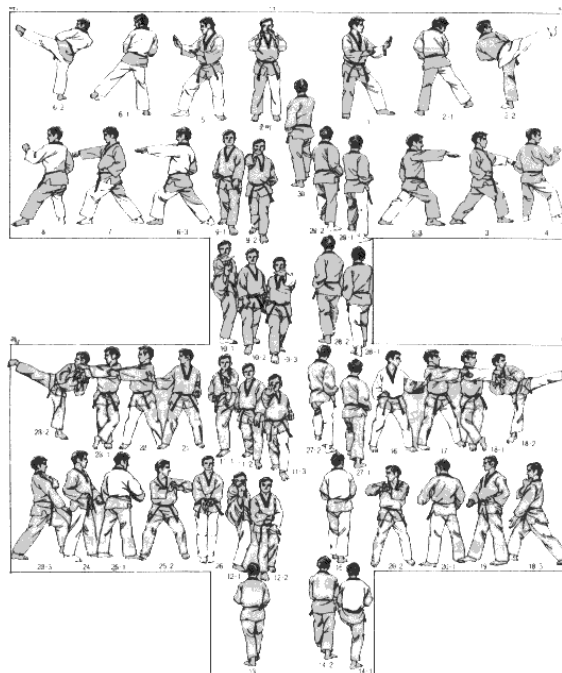


# 2018 USAT/MSTA Poomsae Development Seminars

## Registration Packet

January 20<sup>th</sup> & 21<sup>st</sup>, 2018

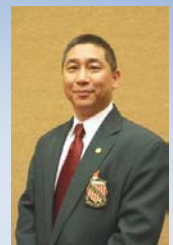
Seminar Venue:  
Vuong's TKD Center  
1117 State Rt. 3 North Gambrills, MD 21054



Organized by:  
**Maryland State Taekwondo Association**

**Seminar Instructor: *International Referee Grand Master Raymond Hsu***

- Kukkiwon 8th Dan Black belt
- WTF Poomsae IR Seminar Instructor
- WTF Kyorugi / Poomsae International Referee (1<sup>st</sup> Class)
- Kukkiwon Hammadang International Referee
- PATU Poomsae Committee Member
- USAT Poomsae & Kyorugi Referee Seminar Instructor
- USAT Referee Supervisory Board Member
- WTF World Poomsae Championship Referee ('08 – '16)



More Information at:  
**[WWW.MARYLANDTAEKWONDO.ORG](http://WWW.MARYLANDTAEKWONDO.ORG)**

For Information Call: (410) 721-4400 / E-Mail: marylandtaekwondo@gmail.com

# 2018 USAT/MSTA Poomsae Development Seminar

January 20<sup>th</sup> & 21<sup>st</sup>, 2018



## Message from the MSTA President

***Greetings Grand-Masters, Masters, Instructors, Athletes, & Parents,***

January 1, 2018

Invitation to the 2018 USAT/MSTA Poomsae Development Seminars:

I am pleased to announce that the MSTA will be hosting for the 3<sup>rd</sup> year, a USAT Certified Poomsae Development Seminar on January 20<sup>th</sup>, followed by a MSTA Poomsae Development Seminar on January 21<sup>st</sup>, in Gambrills, Maryland.



For MSTA's 3<sup>rd</sup> USAT Certified & 6<sup>th</sup> MSTA Poomsae Seminar, we have once again been able to attain one of the highest authorities on the WTF/USAT rules and regulations of Poomsae competition; Grand Master Raymond Hsu. Grand Master Hsu is not only one of the most recognized authorities on Poomsae in the United States, he is also a WTF Poomsae IR Seminar Instructor. If you are competing, have students that are or will be competing on a Qualifier or National level, then this is a MUST seminar. I believe this seminar will greatly enhance everyone's Poomsae knowledge not only as a competitor, Instructor, or Master but also as a Martial Artist. With everyone's support, the sport of Taekwondo will continue to thrive in Maryland as we train the next generation of champions by teaching them to apply the latest rules, regulations, and techniques of Taekwondo in competition.

Respectfully,

Senior Master Chien Vuong

*Chien Vuong*

Maryland State Taekwondo Association President

## Schedule of Events

2018 USAT CERTIFIED POOMSAE DEVELOPMENT SEMINAR			
SATURDAY (01/20/18)			
EVENT	TIME	AGES	ACTIVITY
USAT Seminar	9 am – 12:30 am	15 and up	WTF Poomsae
LUNCH	12:30 pm – 1pm	15 and up	Eating (MSTA will not provide Lunch)
USAT Seminar	1pm – 6pm	15 and up	Continue Poomsae / Certification Testing
2018 MSTA POOMSAE DEVELOPMENT SEMINAR			
SUNDAY (01/21/18)			
EVENT	TIME	AGES	ACTIVITY
SESSION 1	9:30 am – 10:30 am	10 and up	WTF Poomsae Basic
	10:30 am – 12:30 pm		Poomsae – Taegeuk 1,2,3,4,5,6
LUNCH	12:30 pm – 1:30 pm	10 and up	Eating (MSTA will not provide Lunch)
SESSION 2	1:30pm – 4:30 pm	10 and up	Poomsae: Taegeuk 4,5,6,7,8, Koryo
SESSION 3	4:30 pm – 6pm	10 and up Black Belts only	Poomsae: Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Chonkwon, Hansu

# 2018 USAT Certified Poomsae Development Seminar

January 20, 2018

## USAT Certified Seminar

### Costs:

- Certification seminar fee - \$70 (can register online or pay at the door by Cash, Cashiers Check/Money Order (made out to MSTA)).
  - <https://www.usat.hangastar.com>
- Audit fee - \$40 (can register at the door (Cash, Cashiers Check, or Money Order made out to MSTA)).
  - Any age, any belt can participate as an auditor. \*\*\* Auditor will not be tested or receive certification \*\*\*

### Time:

- Poomsae seminar will start at 9am and expected to finish before 6pm (depending on the amount of participants).

### Course:

#### Level 1

##### Participant:

- is required to be 15 years old or up
- is required to be USAT member.
- can be Red belt or 1<sup>st</sup> Dan/Poom black belt or up
  - Red belt can participate in the seminar and get "P" class.
    - Once he/she receives their black belt they will then be promoted to Level 1.
- is required to score 70 and above to pass.
- is required to know up to Taebaek Poomsae.

##### Test:

- Written test -50% (all the answers will be reviewed during the seminar).
- Scoring test-40% (participant is required to score two Poomsaes).
- Practical test-10% (participant is required to perform 1-2 Poomsaes, one from Taeguk 4-8, one from Koryo, Keumgang, or Taebaek).

#### Level 2

##### Participant:

- is required to hold USAT Level 1 Poomsae referee certification
  - There is no time restriction between Level 1 and Level 2 at this moment.
- is required to score 80 and above to pass
- is required to know up to Shipjin.

##### Test:

- Written test -50% (all the answers will be reviewed during the seminar).
- Scoring test-40% (participant is required to score two Poomsaes).
- Practical test-10% (participant is required to perform 1-2 Poomsaes - Pyongwon and/or Shipjin).

# 2018 MSTA Non-Certified Poomsae Development Seminar

January 21, 2018

## MSTA non-Certified Seminar

### Cost:

- On-Site
  - \$40 per session / \$100 for 3 sessions (Cash, Cashiers Check, or Money Order made out to MSTA.)

### Time:

- Poomsae seminar will start at 9:30am and finish at 6pm.

### Course:

- Please refer to the schedule on page 2 for course info and the application on the next page.



## MSTA Poomsae Development Seminar Application

### On-site Registration Only.

Please arrive early to register before your session begins. Session 1 of the Seminar will begin promptly at 9:30am.

#### Seminar Information

**Seminar Date:** January 21, 2018    **Seminar Host:** Maryland State TKD Association at Vuong's Martial Arts

**Seminar Instructor:** Grand Master Raymond Hsu (WTF Poomsae IR Seminar Instructor / WTF Poomsae IR 1<sup>st</sup> Class)

Seminar Fee:	<i><b>Pre-registration</b></i>		<i><b>On-Site Registration</b></i>	
	\$40 per session	\$100 for 3 sessions	\$40 per session	\$100 for 3 sessions

#### Participant Information

*All attendees are required to wear a Taekwondo Dobok for seminar.*

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender:**    M    F

**Please Circle One**      U.S.      U.S.      Other  
                                  Citizen      Resident      Please List: \_\_\_\_\_

**Belt Rank:** \_\_\_\_\_

#### Poomsae Seminar Sessions / Fees

**Please check below which sessions you are signing up for:**

Sunday, January 21 :    Session 1 ☐    Session 2 ☐    Session 3 ☐

Seminar Fee:	<i><b>Pre-registration</b></i>		<i><b>On-Site Registration</b></i>	
	\$40 per session	\$100 for 3 sessions each additional session \$40	\$40 per session	\$100 for 3 sessions each additional session \$40

**Please select Payment Type:**

☐ Cash    ☐ Cashiers Check/Money Order - *(Please make checks/money orders out to MST A)*

**Session(s):** \_\_\_\_\_ **Total: \$** \_\_\_\_\_

All participants must be at least 10 years old and pay seminar fee in order to be eligible to participate in the Poomsae Development Seminar.

I hereby pledge to accept the Rules and Regulations of the Maryland State Taekwondo Association.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## 2018 MSTA Poomsae Development Seminar

MSTA  
1117 State Rt. 3 North  
Gambrills, MD 21054  
[www.marylandtaekwondo.org](http://www.marylandtaekwondo.org)



### WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the Maryland State Taekwondo Association (MSTA), Master Raymond Hsu, Master Chien Vuong, Master John Holloway, Master Yong Seong "CJ" Chang, Master Joseph Pirczhalski III, this seminar, its organizing committee, the World Taekwondo Federation, Vuong's Martial Art Center, and all members of this seminar, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the seminar takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above seminar, or which may arise out of traveling to, participating in, and returning from this seminar. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this seminar. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the seminar.
- I understand that the MSTA Poomsae Development Seminar rules are based on the rules of the USAT & WTF. I agree to all the seminar rules and understand that any pictures taken of me in connection with the MSTA Poomsae Development Seminar may be used by the organizer for publicity or promotion without compensation.
- I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

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Participant's Printed Name

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Participant's Signature

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Date

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Parent/Guardian's Printed Name

---

Parent/Guardian's Signature

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Date

